

BRSU Health Curriculum: 7-8 Violence & Injury Prevention

Enduring Understandings:

- Alcohol, tobacco and other drugs are associated with injuries, violence, suicide, and sexual risk behaviors.
- Violence has short and long-term consequences.
- Advocacy can prevent violence and promote peaceful conflict resolution.

<p>CORE CONCEPTS</p> <ul style="list-style-type: none"> • Describe the correlation between using alcohol and other drugs and their association with injuries, violence, suicide, and sexual risk behaviors • Describe the similarities between types of violent behaviors (e.g., teasing, bullying, hazing, fighting, dating violence, sexual assaults, family violence) • Describe the short and long term consequences of violence to perpetrators, victims and bystanders • Describe the signs and symptoms of people who are in danger of hurting themselves or others • Explain the importance of persistence in telling trusted adults if there are people who are in danger of hurting themselves or others • Explain that a person who has been sexually assaulted or raped is not at fault • Explain that sexual/physical/emotional abuse should be reported 	<p>INTERPERSONAL COMMUNICATION</p> <ul style="list-style-type: none"> • Summarize the benefits of sharing with parents and other trusted adults about feelings and concerns • Practice use of persistence in telling trusted adults if there are people who are in danger of hurting themselves or others • Demonstrate assertiveness skills in dealing with aggressive behavior • Demonstrate how to communicate clear expectations, boundaries and personal safety strategies (conflict resolution skills)
<p>HEALTHY CHOICES/SELF MANAGEMENT</p> <ul style="list-style-type: none"> • Demonstrate basic first responder first aid (e.g., calling for assistance, controlling bleeding) • Identify strategies for avoiding situations and persons with a high risk for violence or risk taking behaviors • Identify that there are other perspectives in every situation 	<p>ADVOCACY</p> <ul style="list-style-type: none"> • Discuss the importance of advocating for a positive and respectful school environment that supports pro-social behavior • Verbalize the importance of objecting to the teasing of peers based upon their body type or other personal characteristics • Demonstrate support and respect for people with differences (e.g., cultural, disabilities, gender, and sexual orientation)
<p>GOAL SETTING AND DECISION MAKING</p> <ul style="list-style-type: none"> • Suggest alternatives to unsafe situations at home, at school, and in the community • Apply the decision making process to manage stressful peer interactions 	<p>ANALYZING INFLUENCES</p> <ul style="list-style-type: none"> • Analyze the risk of impulsive behaviors • Analyze the techniques that are used to coerce or pressure someone • Describe federal, state or local laws intended to prevent injuries and violent behaviors • Explain how harassment and sexual exploitation can occur via technology
<p>ACCESSING INFORMATION</p> <p>N/A</p>	<p>POTENTIAL ACTIVITIES/RESOURCES</p> <ul style="list-style-type: none"> • Life Skills training • Basic First Aid: American Red Cross

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| | <ul style="list-style-type: none">• Youth Risk Behavior Survey• Educational Development Center: THTM
Teenage Health Teaching Module |
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